

HOW TO MANIFEST YOUR MOST IMPORTANT GOAL PROCESS ...

Step #1 My Goal

Take a moment to clarify what is the most important goal you want to achieve in your life right now. Then list it down in clearly defined terms, remember vague goals equals vague results.

Step #2 My Deadline

It is critical that you have a deadline for when you want to achieve this goal. List down the day of the week, the actual date, the month and the year when you want to achieve this goal by in your life.

Step #3 What Will You See

Connecting the written goal to a visual image makes the goal more relevant, powerful and focused. Ask yourself the question ... "What will you see when you achieve your goal?" Who will share in your success of this achievement? Where will you be when this goal is achieved? Create a picture that is so defined that you become energised just thinking about it.

Step #4 Your 5 Reasons

If you don't have a big enough reason WHY, any excuse will stop you from achieving your goal. Think about like this, when the WHY's become clear the HOW's become easy. You need more than one reason to combat the challenges you will face as you pursue your goal.

Step #5 Your 3 Key Milestones

All goals can be broken down into small chunks to make them easier to achieve. You need to decide what are those 3 smaller milestones that you need to reach along the way to achieving your major goal. These are great focus points for you to connect with along the pathway to success.

Step #6 The Feeling You Want to Experience

We are emotional creatures. So, when you connect your goal to a feeling you give that goal a life force of its own. When you achieve this goal how will you feel? It could be that you have the energy to push through all challenges, you will be able to do so much more each day and everything you do will be effortless.

Step #7 Your Development Plan

There are 4 areas to work on as you do better, be better and achieve better results in your life. What additional skills do you need to achieve this goal? What additional knowledge do you need to achieve this goal? What support do you need from others or a mentor to achieve this goal? What attitude do you need to be focused on to achieve this goal? Look beyond yourself and think about the books, people and the learning experiences you need to undertake as you move towards your goal.

Step #8 Your 30 Day Plan of Action

In the next 30 days what are the small steps you need to complete in order to achieve the big goal. I know that this goal may take more than 30 days, however these steps are the gateway to achieving your major goal. As the old saying goes ... A journey of a thousand miles starts with one step.

ADDITIONAL RESOURCES & TOOLS ...

If you visit www.passionatetribe.com you are able to watch a number of instructional videos on these goal setting techniques and the Manifesting Process.

You are also welcome to join Keith's popular BLOG, focused on assisting people to find their passion, pursue their passion and live their passion. Our goal as a global organisation is give people the tools, talent and techniques to live a meaningful life, love what they do and leave a positive legacy that lasts forever.



Passionate Tribe proudly presents

How to manifest your most important goal



with Keith Abraham CSP

- Best Selling Author
- Founder of Passionate Tribe
- Keynote Speaker

“The future belongs to those who believe in the beauty of their dreams.”

Keith Abraham CSP

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NAME

DATE

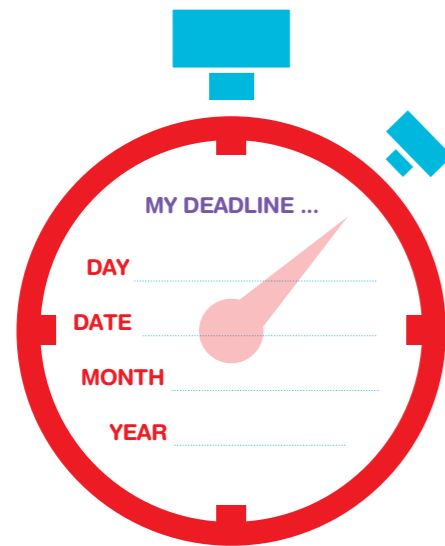
MY GOAL PLANNING PAGE

4. MY 5 REASONS FOR ACHIEVING THIS GOAL ...

1. _____
2. _____
3. _____
4. _____
5. _____

3. WHAT WILL I SEE WHEN MY GOAL IS ACHIEVED?

2.



5. MY 3 KEY MILESTONES ALONG THE WAY ...

3. _____
2. _____
1. _____

1.

MY GOAL ...

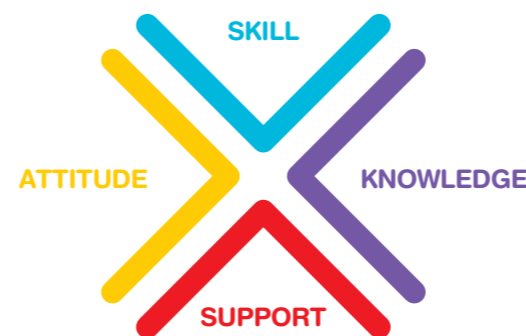
6. THE FEELINGS I WANT TO EXPERIENCE WHEN I ACHIEVE MY GOAL ...

- _____
- _____
- _____
- _____
- _____

8. MY 30 DAY P.O.A. FOR THIS GOAL ...

- _____
- _____
- _____
- _____
- _____
- _____

7. MY DEVELOPMENT PLAN TO ACHIEVE THIS GOAL ...



SKILL _____

KNOWLEDGE _____

SUPPORT _____

ATTITUDE _____

visit www.passionatetribe.com.au to watch Keith's goal setting video